

Research on the Current Situation of Adolescent Sexual Concept and Its Guiding Path

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ABSTRACT

The development and development trend of adolescent sexual concept has been concerned by all walks of life. As an open coastal city, Guangzhou is one of the priorities of their rights and interests. Based on the random survey of 1375 teenagers in Guangzhou, it is found that the sexual concept of teenagers in Guangzhou presents significant characteristics: overall high level of sexual knowledge, relatively open and diversified attitude, main indifference of sex education platforms to schools and traditional moral concepts, and sexual live broadcasting platform has a great influence. The main reasons are the diversification of adolescent values, the absence of sex education, the dissemination of vulgar content and the influence of peer groups. It is suggested to promote the popularization of elective sex education courses in middle schools, promote the establishment of youth hotlines to strengthen the protection of minors, attach importance to online guidance and create official online sex education broadcast platforms, and encourage social work organizations to participate in the promotion of sexual health protection of adolescents.

KEYWORDS

Sexual concept; Sex education; Sexual behavior; Youth

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"Sex" placed in youth culture is a variable topic, and from the perspective of adolescent mental health, the concept of sex is a very important variable. The concept of sex is defined as the reflection of the fixation and systematization of people's sexual psychology in a certain period, and it is the value standard of social judgment and understanding of sexual behavior. Its core lies in the moral evaluation of sexual problems^[1]. Because there is a highly related relationship between sexual concept and sexual behavior, the sexual concept of a certain group greatly affects the physical and mental health of this group. For the most active adolescent group in the society, their sexual concept is more important. On April 6, 2021, the Ministry of Education solicited public opinions on the Regulations on the Protection of Minor Schools (draft), which applies to the protection of the legitimate rights and interests of minors in ordinary primary and secondary schools and secondary vocational schools. Special emphasis on the school should take necessary measures to prevent and stop the staff and other personnel into the campus to violate the behavior of students' physical and mental health, the first is prohibited romantic relationship with students, sexual relations, also include prohibited to show students spread contains pornographic, pornographic information, books, films, audio and video, pictures, or other pornographic materials and other relevant regulations. It fully shows that the Ministry of Education attaches great importance to sexual health education for primary and secondary

school students. Based on this, this research group randomly conducted a survey of 1375 teenagers in Guangzhou, in order to deeply understand the status quo, change trend and influencing factors of the teenagers in Guangzhou through relevant data analysis, and try to explore targeted and effective guidance paths.

1 Research Design

(1) Research objects

The research objects of this topic are teenagers aged 13-18 living in Guangzhou for more than half a year. The vast majority of teenagers in this age group are middle school students (including ordinary middle school students, technical school students and secondary vocational college students). According to the Statistical Yearbook of Guangzhou (2020), there are 526,222 ordinary middle school students, 244,098 students in technical schools and 18,029 students in secondary vocational colleges, a total of 788,349. This topic is based on this data.

(2) Research methods

This survey is mainly based on the questionnaire survey. The questionnaire survey used the self-made "Guangzhou Youth Sexual Concept" Questionnaire, and the statistics were made through spss19.0 software. This questionnaire sampling survey adopts the survey method of stratified classification. According to the number of middle school students in Guangzhou, the sample number of this survey was determined to be 1,500. According to the distribution of middle school students in Guangzhou, 1000 ordinary middle school students, 465 technical schools and 35 secondary vocational colleges were investigated. The investigation team selected 1 junior high school and high school in Yuexiu District, Huadu District and issued 1,000 questionnaires according to grade average distribution, 2 technical schools in Guangzhou, 465 by grade, 1 secondary vocational school in Guangzhou, and 35 questionnaires by grade. Finally, 1,375 questionnaires were effectively collected, with an effective recovery rate of 91.7%.

(3) Sample condition

In this survey, 41.9% were male and 58.1% female. Urban household registration in Guangzhou accounted for 40.6%, rural household registration in Guangzhou accounted for 38.8%, non-local urban household registration accounted for 6.9%, and non-local rural household registration accounted for 13.8%. Only child accounted for 30.6%, and non-only child accounted for 69.4%. The mean age of the surveyed adolescents was 17 years (see Table 1).

Table 1 Sample structure table of the survey of middle school students' sexual concepts in Guangzhou

		frequency	percentage%
sex	man	576	41.9
	woman	799	58.1
census register	Guangzhou town household registration	558	40.6
	Guangzhou rural household registration	534	38.8
	Non-local urban household registration	95	6.9
	Rural household registration in other places	190	13.8
Whether he is an only child	yes	421	30.6
	deny	954	69.4
age	The average is about 17 years old		

2 The Status Quo and Characteristics of the Development of Adolescent Sexual Concept in Guangzhou

Since the second half of the 20th century, under the influence of the sexual cultural revolution, the concept of sex has become more and more open, which has significantly changed the sexual behavior, love view and marriage practice of teenagers in the society. As far as China is concerned, since the reform and opening up, with the development of social economy, the promotion of educational expansion and the dissemination and induction of western "sexual freedom", the traditional concept of family-oriented and raising children is constantly challenged, and the sexual concept of the whole society gradually tends to open^[2]. Through the comparative analysis of the survey data, it is found that the sexual concept of teenagers in Guangzhou presents obvious characteristics.

(1) The overall sexual knowledge level is high

Survey found that more than eighty percent of teenagers think more to sexual knowledge or very understanding, Guangzhou teenagers can with a relatively healthy, open mind in the face of "sex", no longer talk about "sex" sex, as a monster, trying to avoid, but easy to admit their knowledge to this aspect, and more understanding, even very well. By comparing the data of junior high school students and senior high school students (including technical secondary school and middle school technology), we can find that the proportion of students who think they have a better knowledge of sex knowledge has increased significantly, from 82.5% to 90.84%, which may be understood that the physiological health education courses in middle schools in Guangzhou play a certain role. Graduates with graduate degree or above said that they currently have a good understanding of sexual knowledge and the highest proportion, reaching 91.92%. The proportion of students and college graduates saying they do not know or completely know is higher, which may be due to the lack of relevant courses in middle school in other cities.

The top three sexual knowledge that teenagers are most eager are knowledge of intimacy and sexual interaction, sexual safety and health, and sexual physical and mental development. Among them, junior high school students want to understand the knowledge of sexual physical and mental development, high school students (including secondary vocational and secondary skills) are more inclined to understand the knowledge of sexual behavior safety, college and above students are eager to understand the knowledge of sexual behavior safety and health. This shows that the content of our sex education should be focused on different age groups, according to the growth and development characteristics of students, actual needs, determine the depth and teaching method of healthy physiology courses, and strive to achieve timely, moderate, appropriate and appropriate. The investigation also found that, Nearly 70 percent (68.81%) of adolescents said they knew well or more about contraception, But more than 30 percent (31.19) of teenagers said they know little or nothing at all, The more worrying one is that more than half (52.5%) of junior high school students said they did not know much or at all knowledge about contraception, This should arouse our vigilance and reflection, The current adolescent mean age at sexual debut is decreasing, Universal education on contraception among adolescents can effectively prevent problems such as early pregnancy and induced abortion, It is also one of the effective measures to effectively protect the physical and mental health development of young people, Therefore, it is necessary to educate them on contraception knowledge. To our delight, this survey found that almost all teenagers accurately grasp the transmission routes and prevention measures of AIDS, which shows that Guangzhou teenagers have gained more comprehensive and accurate knowledge of sexual disease prevention in the process of growing up.

(2) The main platform of sex education is in schools

The survey found that most (70.5%) of teenagers received sex education for the first time through physical courses organized by schools, indicating that schools are the main position for teenagers in Guangzhou to receive sex education. But nearly 20 percent of teenagers browse websites to read initial sex education messages in adult magazines. Only 5.53% of adolescents reported their first sex education through parental education. It can be seen that the coverage of sex education needs to be further improved and expanded. In the Internet era, we should pay attention to and make good use of media resources to help children do well and timely answer their physical and psychological questions about sexual knowledge, so as to prevent contact with negative or wrong sexual knowledge on the Internet. When asked if see their children through sex education books, most teenagers (about 68%) said will appreciate, and for children, 22% of respondents said will remorse to children for sex education, only a few (6.41%) will criticize children confiscated books or pretend not to see, which has graduate degree or above graduates praised the highest, nearly eighty (78.79%), it also shows that Guangzhou teenagers with a relatively healthy, open mind in the face of "sex", when they become parents will still uphold this attitude, take the initiative to give children for sex education. Survey also found that more than eighty percent (84.66%) of teenagers hope school or unit for sex education courses (training), which have graduate degree and above respondents said support for sex education courses (training) the highest proportion, 90%, but junior high school students hope to open courses is relatively low (62%), perhaps because they are in a sensitive adolescence, accept knowledge education in the classroom is a little shy, so we should pay attention to when conducting relevant education methods, strive to more fit the growth of adolescent psychological and psychological characteristics. It is worth paying to see whether sex education leads to more sexual behavior, 67.63% of respondents said not, 7.01%, and 25.37% of teenagers said they did not know. Among them, the proportion of respondents with graduate degree or above think not is relatively high, reaching 74.75%, and the proportion of graduates with high school degree (including technical secondary school, middle technology) or below is the highest, reaching 15%. It can be seen that most teenagers can face up to the role of sex education, and the advantages of sex education outweigh the disadvantages.

To the author's surprise, this survey found that in sexual health / education, teenagers in Guangzhou preferred to seek doctors (66.67%), followed by teachers and friends (53.17%), public welfare organizations (49.63%), the Communist Youth League and the Women's Federation (43.22%), and parents (42.92%). However, junior high school students ranked first among their parents (52.5%). High school students and students above preferred to consult doctors, followed by teachers and friends, while college graduates and graduate students preferred to consult doctors, followed by public welfare organizations. This shows that teenagers increasingly believe in medical science, and with the development of the Internet, online visits can help them to answer the sexual health / education, confusion, but the information on the Internet, medical advertising is various, so it is necessary to education teenagers careful to identify information authenticity, in case deceived. This also reflects that the Communist Youth League, women's Federation and other mass organizations need to strengthen their work in youth sex education, and it is necessary to cooperate with relevant professional public welfare organizations to carry out cooperative services. In addition, parents, school counselors, head teachers and teachers should take good care of their children's valuable trust. When they ask their parents and teachers for help about sexual health / education, they should first master scientific sexual knowledge, and then answer them patiently with a calm attitude.

(3) The sexual attitude is generally relatively open and diverse

Survey found that 87.09% of teenagers think sex is normal physiological needs, but there are 11.87% realize is normal, but still not to accept, the highest proportion is junior high school students, reached 30%, but basically no respondents dislike sex, think sex is dirty, evil, it shows that with the development of society, teenagers to their physiological mature change can accept, positive and open attitude to sex. When someone talked about sex, 23.89% of the teenagers said nothing, would actively participate; 68.29% said acceptable, but only 5.01% of the teenagers did not accept, chose to avoid, the highest proportion of junior high school students, reaching 20%, youth can face sex with a positive attitude, but also should be alert to criminals and some ulterior motives to take this opportunity to induce teenagers on the road of sexual crime or harm their physical and mental health.

Facing the problems of teacher-student love, homosexuality and asexual marriage in real life, most of the "one-night stand" problems choose to explain their behavior from the perspective of emotion rather than morality. About 32.38% of the teenagers are opposed to teacher-student love, But more than half (55.16%) of teenagers were neutral, And about 6% of teenagers support teacher-student relationships, The relative proportion of students studying in college or above is the highest, Nearly 60%; About 40% of teens oppose homosexuality, About 40.71% of the adolescents have a neutral attitude, About 15% of the adolescents expressed understanding and support, The highest relative proportion of respondents with a graduate degree or above, Nearly 40 percent; About 45.65% of adolescents oppose "asexual marriage", About 38.27% of adolescents are neutral on "sexsexual marriage", Only 8.71% of adolescents reported accepting and endorsed "asexual marriage", Among them, the relative proportion of respondents with graduate degree or above opposed and agreed is higher, The attitude is more clear; About 65.71% of teenagers oppose one-night stands, 25 percent of teens are neutral on one-night stands, And about 4.94 percent of teenagers support " one-night stands, The relative proportion of high school graduates (including technical secondary school, middle school technology) and below is the highest, Up to 15%, This is followed by those with a graduate degree or above, The relative percentage of expressed support reached 14%. With the growth of age, the thickening of social experience and the expansion of knowledge horizon, people with graduate degree or above are more inclusive and respect personal choices in love life, homosexuality, asexual marriage, and one-night stand.

It is worth noting that about 49% of teenagers are against or very opposed to the virgin complex in love and marriage, about 37% are neutral and about 9% support. The relative proportion of support and opposition increases with the increase of academic qualifications, with 62.69% of respondents with graduate degree or above opposed to 62.62%, 9.09%, respondents with 51.83% and 8.28%, 7.91% with high school (including technical secondary school, secondary technology) or below 50% and 5%. View that chastity is more important than female life is the repression of human nature, Thirty-nine percent of the teens expressed support, The relative proportion of approval also increases with education, Specifically, 56.56% of the respondents with a graduate degree or above agreed with this statement, 46.63% of respondents with a bachelor's degree supported the claim, 30.44 percent of respondents with a junior college degree agreed; About 30 percent of teenagers disagree with the claim, The relative proportion of disapproval decreases as degrees grows, 33.2 percent of respondents with a junior college degree opposed the statement, 30.44 percent of respondents with a bachelor's degree objected, 27.27 percent of respondents with a graduate degree or above opposed this statement. It can be seen that the sexual attitude of teenagers in Guangzhou is generally relatively open, and presents a diversified trend.

(4) Traditional moral concepts tend to be indifferent

According to the survey, more than 90 percent of middle school students support premarital sex, saying it is purely personal freedom and both parties are willing, and only 5.7 percent do not support it. Among them, the first place is high school graduates (including technical secondary school, middle technology) and below, the relative proportion reached 10%, the second is junior high school students, the relative proportion of 5%, from the survey results, the popularization of contraceptive knowledge education is more urgent. For college students during the period of sex, about 24% are against or completely against, about 20% more support or very supportive, more than fifty percent of teenagers are neutral attitude, including college students, against college students during sexual ratio of 23.93, approved of 20%, said neutral proportion of 52.79%, and the overall adolescent related attitude. But for minor sex, all most (81%) of the teenagers are against or very opposed, but about 3% of teenagers agreed, in the respondents said the highest relative proportion of graduate degree and above groups, agreed with the proportion of 8.08%, followed by high school (including technical secondary school, technology) and the following graduates, proportion of 5%. For reasons for not wanting to have sex with a partner (including male / girlfriend), At first place, the relationship is not that far (83%), This was followed by no suitable opportunity (37%), fear of pregnancy (34.4%), Afraid of venereal diseases (24.6%), It is worth noting that, And 15% of adolescents believe the main reason is a loss of interest in their partner, 10.6 percent of teens for fear of rejection, among, Those with high school education (including technical secondary school, secondary) and below) said they were unwilling to have sex with their partners except for the first relationship, In second place is all no physical desire, The relative ratio has reached 30%. In addition, if the accidental pregnancy, 41.7% of teenagers said will give birth to children, only 20.8% of teenagers choose abortion, and 11.8% of teenagers said don't know what to do, 10.6% of teenagers choose please parents decide, which is surprising, 25% of junior high school students and 39.17% of high school (including technical secondary school, technology) reading students in the face of accidental pregnancy, choose to give birth to a child. On the one hand that Guangzhou teenagers advocate individual feelings, respect for life, but also shows that many teenagers gave up the traditional sexual morality fell into a anomie mentality, their tolerance is often based on the premise of the legal immoral, the sense of responsibility of sexual behavior and legal morality tend to indifference, therefore need active intervention, correct guidance.

Based on the survey data, more than 70 percent of teenagers in Guangzhou said that they have seen literary works of love and sex, nude images and literary materials that describe sexual intercourse, and the earliest age of sex is 11, which is an abnormal phenomenon worth special attention. The top three preconditions for sexual intercourse were consensual (87 percent), affection (72 percent) and marriage (33 percent). Among them, the most important basis for agreeing with mutual consent is the junior high school students, the relative proportion reaches 90%, and the people who least agree that marriage is an important prerequisite for sex is the people with graduate degree or above, the relative proportion is only 19.19%. It is worth reflecting that about 3% of teenagers think that the prerequisite for having sex is money, among which the highest relative proportion is among junior high school students, and about 7.5% of junior high school students think that money is an important prerequisite for having sex. On the one hand, this shows that middle school students in Guangzhou pursue sexual freedom; on the other hand, they need to guard that some teenagers are guided by wrong values.

(5) Live broadcasting platforms need to be banned urgently

Sexual live broadcasting is a prominent problem encountered in building a clear cyberspace, especially for young people. The survey found that 35 percent of teenagers could not accept online

live broadcasts, pictures and videos, 30.9 percent reluctantly accepted it, 17.6 percent was clearly acceptable, and the remaining 16.5 percent said they were indifferent. When sexual pictures and videos were pushed online, 81.7 percent of teenagers said that they would not click to watch, only less than 5 percent explicitly said that they would click, and the remaining 13.6 percent thought that they wanted to see the specific situation. According to the survey data, only 14.9% of teenagers have had contact with live broadcasting platforms, while 10% of the surveyed middle school students and 15% of the students in high schools (including technical secondary school and middle technology) said they had contact with live broadcasting platforms. However, 96% of teenagers were reluctant to reward, but 2.5% of junior high school students were willing to reward and spend on the live streaming platforms. About 57 percent of middle school students support the view that live streaming is a serious harm to the growth of teenagers, while 14 percent of them explicitly oppose it and 24 percent hold a neutral attitude. In addition, 17% of teenagers clearly stated that live streaming has certain educational significance, while only 14% of teenagers oppose live streaming has certain educational significance. The corresponding finding is that more than 73 percent of teenagers support the establishment of official sex education online platforms. In addition, when found that live network platform, 33.9% of teenagers said will take the initiative to report, 27.8% of teenagers made it clear that not to report, about 38.4% of teenagers think the specific situation, which said will take the initiative to report the junior high school students relative proportion, reached 52.5%, made it clear that will not take the initiative to report graduate degree or above the highest, 42.42%.

Sexual knowledge exploration and desire in adolescent minors have strong desire, and has not yet to establish mature values and money of minors are easy to be this sex live misleading, so should actively explore the use of big data, artificial intelligence, and bad content for accurate early warning and timely block, establish official education network platform, can better and more comprehensive implementation of the protection of minors.

3 The Influencing Factors of the Formation of Sexual Concept

According to the comprehensive survey data, it is not difficult to see that with the reform and opening up, science and technology and economic level, the sexual concept of contemporary teenagers has produced great changes. The specific influencing factors are mainly reflected in the following four aspects.

(1) Diversified values

Chinese society is in the transition period of increasingly open and constant change, and the coexistence of diversified values is a typical feature of the society in the transition period. The current situation of coexistence of multiple values provides a broader space for their moral choice^[3]. More importantly, diverse values also bring about the relative tolerance of the whole society to various values. Especially since the 21st century, various kinds of western thoughts have been transmitted to China in large numbers, which has exerted a significant influence on all aspects of Chinese society. The open sexual attitude and the trend of sexual freedom have made many Chinese people accept the concept of sexual freedom, and even labeled it as one of the signs of social civilization, which has had a profound influence on the young generation.

(2) Lack of sex education

Sex education for teenagers is mainly coordinated by families and school and plays a leading

role. But the reality is the school mainly to students scientific and cultural knowledge, one-sided emphasis on graduation rate or employment, many schools will health education into other courses, and the school sex education is more introduce some of the adolescent psychological changes and physiological knowledge, and the youth demand for sex education more reflected in two aspects: one is the sexual behavior itself. Such as the type and application of safety measures, how to judge and handle pregnancy; relevant legal and regulatory guidelines and guidelines. The second is the handling knowledge of sexual relations. How to face the existing sexual relationship object, etc. On the other hand, Chinese parents tend to "expect their children to succeed" and "expect their women to succeed". They tend to only pay attention to their children's studies while ignoring other aspects of their children's education, especially in sex education.

(3) Vulgar content dissemination

Due to the rapid development of the information age media industry and the development of network technology, film and television works often have vulgar, unhealthy lens, especially in the foreign film of men and women sex life, but also to the influence of adolescent sexual ideas, more even learning and imitate the sexual behavior in the film, to show off to peers, and proud of this. In addition, domestic and foreign illegal pornography network to teenagers out the evil hand, for self-control, identification ability is poor, personality development is not yet mature, and strong curiosity teenagers, vulnerable to bad network content, and the lack of scientific, many only for business purposes and hits and the sexual information pornography, only highlight sexual instinct and happiness, and the lack of value and moral guidance. When teenagers are often exposed to pornography related pictures and topics, they will form many wrong cognition. They will think that sex is a common activity among young people and tend to have a "less sensitivity (that is, gradually receptive attitude) effect on sex trafficking and violence. It is precisely because of the sex topics that teenagers want to know, lack in personal experience and do not want to discuss with their parents and teachers are often obtained through the Internet, so the sexual knowledge and sexual concepts acquired by teenagers are really worrying. Therefore, the key to solve the problem is to strengthen the network purification, optimize the social communication and self-expression on the Internet, and provide scientific sex education to teenagers^[4].

(4) The influence of peer groups

Peer is the reference group of teenagers' sexual concept and sexual behavior, and also an important source of their sexual knowledge. Therefore, the influence of peers on teenagers' sexual concept and behavior cannot be ignored. Peer group seems to be an informal group, but as an important form of social communication, it has become one of the important factors affecting human behavior. Especially for the adolescent group, the influence of friends can not be underestimated. They communicate with peers with the highest frequency and have a strong influence on them. They get along with each other in daily life, frequent contact, no matter in living habits and lifestyle, or in people and gestures and influence each other. Therefore, their sexual concepts will also influence each other.

4 Countermeasures and Suggestions of Cultivating Health Concept in Guangzhou

Sex is a hot and sensitive topic for teenagers. Based on the survey of adolescent sexual concept in Guangzhou, some sexual concepts can be found with certain recognition. From the perspective of

investigation and research, these ideas are not good or bad, and can not be used as the standard to judge students' likes and dislikes. What is important is how to guide teenagers to correctly face and properly deal with the sexual troubles encountered in adolescence.

(1) Promote the popularization of sex education elective courses in middle schools

Although the level of sexual knowledge of teenagers in Guangzhou is generally high, the coverage of sexual knowledge is not complete, the depth is not enough, and a small number of teenagers lack of understanding. In fact, the cognition of middle school students is in the early stage of development. Moderate sex education can not only help them determine their gender roles, but also help them form good sexual morality, consciousness and concept^[5]. It is suggested that relevant education departments should promote the full coverage of sex education courses, and set up compulsory and elective courses according to the content, so as to facilitate teenagers to fully understand sexual knowledge through school education platforms, improve sexual cognition, and ensure adolescent sexual health. In addition, it is also necessary to strengthen the education and guidance of school sex ethics and sexual social awareness. In adolescent sex education, daring to talk about sex and honestly facing sexual physiology knowledge is an important step to respect science, but this does not mean that it can solve all the problems in the sexual growth of teenagers. In attaches great importance to scientific knowledge, let teenagers have scientific understanding of their physiological changes at the same time, more should help them realize that "sex" is an important part of life growth, the different stages of life consciousness and sexual behavior marks the social maturity, should establish self character concept and clear responsibility in different stages. While breaking the curiosity and mystery on the question of sex, we must also know ourselves and understand life, and cultivate a comprehensive and healthy personality with the process of physiological maturity."Sex" undoubtedly has a high degree of autonomy, and the feelings of the individual should be fully respected. However, "sex" is never entirely a personal matter, and human sexual problems and social problems are interrelated and interactive. Therefore, it is necessary for the society to properly control the individual sexual problems appropriately, and it is also an obligation for individuals to accept such norms of the society. Strengthening the cultivation of adolescent sexual ethics and social awareness can make their sexual concepts more in line with the law of natural development, and also more conducive to their growth, happiness and normal development of society.

(2) Promote the establishment of youth hotlines to strengthen the protection of minors

Based on sexual concept involves personal privacy, combined with the survey data teenagers for choice, suggested that the communist youth league, women's federation under for youth, especially middle school students open sexual health theme youth hotline, hire sexual health experts to provide middle school students 24 hours to answer, when necessary through professional approach to middle school students to provide one-on-one sexual health guide service. At the same time, it can give full play to the service role of public welfare social organizations, link the resources of experts and doctors, and provide sexual health services for middle school students through public welfare organizations. At the same time, we should vigorously promote the juvenile protection legislation to strengthen the sexual protection content. At present, the legislation on the protection of minors is being promoted and improved. Most of the middle school students are minors. The survey data based on sexual behavior can see that in addition to the seriously low age of sexual concept, men and women may be affected by sexual behavior. Therefore, in addition to strengthening sexual health guidance and education, sexual protection is also crucial. It is necessary to carry out all-round protection of minors through legislation, and carry out extensive publicity to fully realize the role of the Minor protection

Law.

(3) Pay attention to online guidance and create an official sex education network live streaming platform

Juvenile sexual health education should make full use of the "Internet +" mode to apply and promote it, change the traditional direct interaction mode, change the traditional concept of spatial interaction, and explore the non-face-to-face, virtual spatial adolescent sexual health education mode. On the one hand, make full use of the high-tech advantages of the network, integrate high-quality family education resources, and transfer accurate sexual health knowledge to the greatest extent through appropriate ways. On the other hand, combining with the characteristics of teenagers and modern media, through careful planning and organization of special activities, short videos, practical cases, chicken soup for the soul and other ways, make full use of QQ, wechat, Weibo, TikTok and other diversified communication platforms, to meet the needs of teenagers' sex education in a popular way, and solve problems. At the same time, relevant departments should do a good job in supervision, strengthen the work of combating pornography and non-sweeping, purify the network environment, and pay attention to the review and supervision of public opinion media. Network live broadcast platforms should implement real-name management for network anchors and "reward" users. Through real-name verification, face recognition, manual audit and other measures to ensure that underage users can not reward. At the same time, we will actively explore the use of big data, artificial intelligence and other new technologies to serve the building of a clear cyberspace, achieve accurate early warning and timely blocking of illegal and bad content, strengthen the management of social service positions, ban illegal platforms in accordance with the law, expand the coverage of sex education, and enhance the effect of sexual health education^[6].

At the same time, based on the current stakeholders live platform, and middle school students to the network platform, suggested that the relevant party and government departments at all levels of high school official education network platform, through the way of teenagers happy promote sexual health knowledge, such as open "star knowledge answer" "expert sexual health middle school students seminar", play sexual health theme micro film, for middle school students knowledge learning official certification way, avoid stakeholders live such as bad platform.

(4) Encourage social work agencies to participate in promoting adolescent sexual health protection

At present, social work agencies have become an important part of social governance, and the guidance and protection of adolescent sexual health is no exception. First of all, to follow the basic laws of adolescent physical and mental development, the social work method, value into the specific social work practice, by encouraging adolescent social participation, cultivating adolescent sexual health peer education backbone, cultivating adolescent sexual health education organization and community, empowerment to adolescent group, stimulate the potential of teenagers.next, Make full use of the positive role of social work in preventing social problems and promoting the development of adolescents, Promote teenagers to learn health knowledge through recreational activities and interest groups, Enhance physical fitness, edify sentiment, Assist teenagers to establish a correct outlook on life, Cultivate their sense of social responsibility, Preventing the physical and mental health problems of adolescents; Social workers, by providing both domestic and international information, Assist young people to follow the world development trend, Clarify your own tasks and roles, Promote the formation of adolescent self-unity; Social workers provide knowledge and skills about physical and mental development through group work, community work and other methods,

Promote the knowledge growth, interpersonal relationship improvement, social adaptation and comprehensive development of teenagers. Third, give full play to the role of the link and integration of social work professional resources, actively introduce professional health education experts and scholars to regularly carry out special lectures, training and individual consultation services on sexual health education for community teenagers and their parents, and create a community environment conducive to the healthy growth of teenagers through community publicity and advocacy.

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